

His Rest

The Spring of Life!

“It is done. I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water without cost from the spring of the water of life.”

Revelation 21:6

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus”.

Philippians 4:6-7



The Journey

- ***What isn't His Rest?***
- ***What is His Rest?***
- ***How do we bear His rest?***

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Matthew 11:28-30



What isn't His Rest?

What are some of the somewhat innocent things we can do that can become religious in our lives and create an environment of anxiety and stress?

- Believing that God's love for you is directly related to your love for Him, it's not. He loves you 100% in every moment of every day.**
- Reading the bible in a get it done sort of way, doing reading plans in haste, so as we tick that box for the day, thinking that by doing so it's a brownie point in salvation retention.**

- **Praying in a way to please God, somehow that if you didn't pray, or didn't get it right, that God's love toward you, or interest in you, would somehow be less. Praying as a groveling worm rather than as a Son of God.**
- **Walking around on eggshells before God, trying to not sin, having a sin consciousness rather than a righteousness consciousness, as in knowing you are as righteous as He is, as you and He are one.**
- **Worrying if you are fulfilling His purpose for your life, maybe leading to religious activities that He hadn't intended for you to do.**

What are some of the more corporate things that steal His rest away from our lives?

- Giving financially out of requirement rather than an act of worship, rather than being a cheerful giver, rather than just being naturally generous, like the generous nature of our wonderful Father.**
- Participating in seed offerings, thinking that this will sup up God's blessing upon your or your families lives.**
- Believing that depriving yourself of food is a sacrifice that God will honour, by blessing you or your church more than He had already intended.**

- **Getting involved in ministry as an agent of service, rather than a natural bearing of the fruit that God is drawing out of you. Serving in an anxious manner, hoping that it's enough for God to call you good and faithful.**
- **Believing that healing is your right for yourself and others, depending on the condition of your or someone else's faith, that in every instance God will heal on a level of faith basis.**
- **Thinking that you may have a curse on yourself or your family, because of some sort of ancestral misgiving.**
- **Believing that demons can possess you, even though you are a new creation, indwelt by the greatest power that lives, indwelt by a holy and righteous God.**

What is His Rest?

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Matthew 11:28-30



Salvation 😊

- **It was given freely!**
- **It cannot be taken away!**
- **We don't have to do anything to keep it!**

“But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ and raised us up together, and made us sit together in the heavenly places in Christ Jesus, that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Ephesians 2:4-10

- **His salvation was made available to us for “He loved us because of His great love, because He is rich in mercy.**
- **We were dead in Adam, but now we are alive in Christ.**
- **We are raised up and sit “together” in heavenly places with Christ Jesus.**
- **He has exceeding riches for us, by His grace, because He is kind.**
- **Our repentance, as in choosing to believe, rather than not believe, has completed our salvation.**

- **Our salvation is not by anything we have done.**
- **It's a gift from God, something we cannot boast about as being by our own means.**
- **We are His sons and daughters, created by Him in Christ Jesus.**
- **We are created for good works; which God has prepared beforehand.**
- **And all we have to do is walk in these good works.**

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, to the praise of the glory of His grace, by which He made us accepted in the Beloved.

Ephesians 1:3-6

Understanding the relationship we have with Jesus, is the key to knowing what His rest is!

“Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.”

John 15:5

Jesus has done the work required to give us rest, as in His finished work!

“In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins.”

1 John 4:10

“In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.”

Ephesians 1:7

“Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation...”

2 Corinthians 5:18

His love for us is endless!

“That Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.”

Ephesians 3:17-19

- **His rest is knowing that He loved you first, and always will with an immeasurable love.**
- **His rest is reading the bible, His word, at leisure, as a love letter from the One whom loves us.**
- **His rest is talking with the Father, not talking to the Father.**
- **His rest is confidently sitting with the Lord, knowing that He is every bit and more interested in chatting with you, than you are with Him.**

- **His rest is knowing that you are righteous and holy, and nothing you can do changes that state, it's part of your identity, your new creation identity.**
- **His rest is knowing that everything Jesus is, you are, we are the same as Him, sons and daughters of the Father.**
- **His rest is knowing that your prosperity isn't according to your financial giving to the church, but according to His glorious riches that already exist in Him, who lives in you.**
- **His rest is knowing that Jesus is the spring of life within us, that is all providing, and that what you do or don't put in your mouth in reference to fasting, has no bearing on that.**

- **His rest is knowing that the good works which God has prepared beforehand, also come with everything necessary to carry them out.**
- **His rest is being able to work hard when drawn to, and relax when needed, all from the secure place of His life in you.**
- **His rest is knowing that God is sovereign, and He heals when He heals and doesn't when He doesn't, your faith level doesn't create greater odds for God to heal yourself or others.**
- **His rest is knowing that it has all been done, all has been completed, your life story is a finished work, just as His work is finished.**



How do we bear His rest?

- **For its His life we are living.**
- **Our life was put to death on the cross with Christ, and we were raised up new with Him.**
- **His life lives to live in us.**

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.”

Galatians 2:20

- **His life is the spring of life within us, it wills to manifest through every part of our life here on earth, whatever that may look like according to His plans and purpose for your life.**
- **His life lives to carry us along, whether that's a short journey or a long journey.**
- **His life doesn't make mistakes.**
- **His life doesn't go the wrong direction.**
- **His life is always according to His plans and purpose He predestined for you, before all creation.**

“For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.”

Jeremiah 29:11

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Matthew 11:28-30

...“And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow— not even the powers of hell can separate us from God’s love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.”

Romans 8:38-39